| | | | | THURSDAY<br>8/14 | FRIDAY<br>8/15 |
|---|---|---|---|---|---|
| **PREP GRADE K- 6 LAUSD BREAKFAST, LUNCH, SUPPER MENU**<br>**AUGUST 11 – 15, 2025** | | | | | |
| **BREAKFAST** | | | | **BREAKFAST** | **BREAKFAST** |
| **Entrée 1** | | | | Ham & Cheese Croissant<br>(R0628) | Café LA Coffee Cake **V**<br>(CMS #2773) |
| **Entrée 2** | | | | Deluxe Cereal Bowl **V** | Nutri-Grain Bar & Yogurt **V**<br>(R5721-DW, R5722-CB) |
| **Entrée 3**<br>*Vegan* | | | | Cinnamon Toast Crunch<br>(CMS #1623) | Morning Magic Bagel (R2292)<br>Strawberry Jam (CMS#1690) |
| **BIC Sites:** Put at least 1 serving of the Vegan option in each BIC bag each day. | | | | | |
| **Fruit (½ c)** | | | | Fresh Fruit | Fresh Fruit |
| **Fruit Juice**<br>**(½ c, 4 oz.)** | | | | Fruit Juice | Fruit Juice |
| **Milk 8 oz.** | | | | Milk | Milk |
| **LUNCH** | | | | **LUNCH** | **LUNCH** |
| **Entrée 1**<br>*Café LA*<br>*Favorite* | | | | Optional: Fresh Topping*<br>for all burgers<br><br>Cafe LA Burger* (R00901N)<br>**AND/OR**<br>Cafe LA Cheeseburger*<br>(R0128) | Pepperoni Pizza Wedge<br>(R0730) **AND/OR**<br>Cheese Pizza Wedge **V**<br>(R1063) |
| **Entrée 2** | | | | Arroz Con Pollo (R5783) | Beef Teriyaki Dippers &<br>Carrot Rice Bowl (R5695) |
| **Entree 3**<br>*Vegan* | | | | Impossible Burger (R6032)<br>Optional: Fresh Topping* | Vegan Teriyaki & Carrot<br>Rice Bowl (R6041) |

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| *FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520) | | | | |
|---|---|---|---|---|
| **Vegetable-Hot (½ c)** | | | | Roasted Potato Wedges (R4370) | No Hot Vegetable |
| **Veg, Fruit** | **Refer to Harvest Bar or Harvest Stand Menu** | | | | |
| **Treat Item** | Offer the Chocolate Chip Cookie (R2641/CMS #2766) once a week as an Extra Treat. | | | | |
| **Milk, 8 oz.** | | | | Milk | Milk |
| **SUPPER** | | | | **SUPPER** | **SUPPER** |
| ***Entrée 1*** *Hot* ***OR*** *Cold* | | | | Fiestada Stuffed Sandwich (*Beef & Cheese*) (R0159) **OR** Manager's Choice SUPPER Sandwich** | Mini Mozzarella Bites with Marinara Sauce **V** (R1153) Under 4 Yrs: Toasted Cheese Sandwich **V** (R1086-IW, R1131-Scratch) **OR** Turkey Stick (CMS #2065) **&** Cheese Plank, 2 each **V** (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs**:** Cheese Plank, 2 each **V** Cheez-It Crackers **V** |
| | **OPTIONAL** *Shelf-Stable Meal Kits (NOT for students under 4 years):* 1. Beef Stick Meal Kit (CMS #1688) **OR** 2. Sunbutter & Jelly Meal Kit **V** (CMS #1683) | | | | |
| **Entrée 2** Vegan | **ONLY PROVIDE A VEGAN SUPPER UPON REQUEST.** *Provide a vegan entrée that is **different** than what was served for lunch the same day.* **Entrée Options:** 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068)  5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068)  6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068)  7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029)  8. Spicy Chick'n Sandwich (R6051) | | | | |
| **Vegetable (1/2 c)** | | | | Paradise Punch Veg Juice (CMS #1681) | Celery Sticks (CMS #3826) |
| | | | | | **Under 4 Yrs:** Cherry Smooth Cup (CMS #2364) |
| **Fruit (1/2 c)** | | | | Fresh Fruit | Strawberry Creamsicle (CMS #2861) |
| | | | | | **Under 4 Yrs:** Fresh Fruit **ONLY** apple, orange, pear, banana, sliced strawberry |
| **Milk 8 oz.** | | | | Milk | Milk |

Date: 5/7/25

| CONDIMENTS  B=Breakfast L=Lunch S=Supper | | | | **L:** Ketchup, Mayo, Mustard, Secret Sauce (R7079) **L, S:** Taco Sauce or Tapatio, Tajin **S:** Optional: Ranch, Liquid Chamoy | **L:** Sriracha Sauce, Choice Dressing, Optional: Liquid Chamoy **L, S:** Tajin, Optional: Ranch Dressing |

**All the Grain/Bread items served are whole grain rich.**          **V** = Vegetarian

**Milk –** Must serve two choices from the following five (5) options:

| Fat-Free (8 oz) | Low-Fat (8 oz) | Fat-Free Lactose Free (8 oz) | Fat-Free Chocolate (8 oz) | Fat-Free Strawberry (8 oz) |
|---|---|---|---|---|
| **NOTE:** Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1st grade and above. | | | | |

**Deluxe Cereal Bowl**

| Cinnamon Toast Crunch (CMS #1623) | Honey Bunches of Oats (CMS #1425) | Honey Cheerios (CMS #1442) |
|---|---|---|

**Fresh Fruit**

| Apple (CMS#3800) | Banana (CMS #3204) **Do not order on Mondays** | Orange (CMS #3093) | Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week. | Nectarine (CMS# 3891) |
|---|---|---|---|---|
| Peach (CMS #3886) | Pear, Bartlett (CMS#3939) | Plumcot (CMS# 3940) | Pluot (CMS# 3700) | White Peach (CMS# 3884) |

| **\*\*MANAGER'S CHOICE OPTIONS FOR LUNCH AND SUPPER** | | |
|---|---|---|
| **SUPPER SANDWICHES** | 1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch) 2. Turkey Breast & Cheese Sandwich (R0911) | 3. Tuna Sandwich (R5619) 4. Apple Cinnamon Chickpea & Grape Jelly Sandwich **V** (R1944) 5. Sunbutter & Strawberry Jelly Sandwich **V** (R1943) |